How to Get Rich, Build Wealth and...

ADD A ZERO TO YOUR NET WORTH

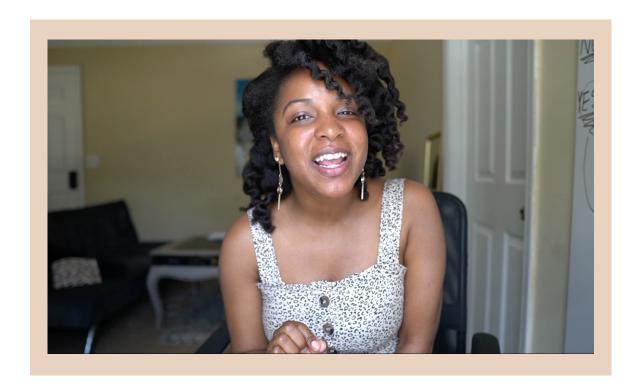
Created by

LATASHA KINNARD



Get Rich Black Woman

www.godeste.com.com



Meet your COACH!

Hey beautiful people!!

My name is Tasha and I am your instructor for this journey. What I'm going to teach you during this 3-Part Series is how to overcome internal and external barriers to being able to get rich and build wealth. And I'm specifically sharing with women who are over worked, underpaid, and due for a raise... but you're going to have to give it you yourself.

DAY 1- THE PROCESS

Stop-Drop-Think

Step 1

Stop what you're doing.

Stop thinking those lustful thoughts.

Give yourself a fighting chance to battle that desire for instant gratification so you can think about your long term goals.

Step 2

Put down whatever you're holding.

Back away from the object of desire.

Put some physical distance between you and whatever you want.

Step 3

Try to be logical.

Is this an item that you wrote on a list?

If not, give yourself time to think about it.

Ideally, sleep on it or at least go to another store/area of the store.

This might seem like a bit much, but trust me when I tell you that impulse spending is a huge issue for most women who are looking to build wealth.

DAY 2- WEALTH PLAN

Income-Spending-Building

Your wealth plan is made u of 3 components. Your income plan, your spending plan, and your building plan. So you need a budget that encompasses all 3. Most budgets don't but our specifically does.

Income Plan

Your income is the cornerstone of your financial ecosystem. I recommend that you create a plan to increase your income every 6 months one way or another.

Spending Plan

Your spending plan is made up of 3 different components.

Expenses: Point of sale spending. No due date or balance.

Bills: Have a due date but no outstanding balance.

Debt: Has a due date and an outstanding balance.

Building Plan
Your income plan and ve

Your income plan and your spending plan should be specifically designed to ensure that you have a solid building plan. This includes your savings, investments, travel, fun, and anything else discretionary that you need to plan for.



Income	

General Expenses	Usual	Desired
Groceries		
Dining Out		
Tithes/ Charity		
Personal Care		
Entertainment		
Clothes & Acc.		
Transportation		
Total:		

Bills	Usual	Desired
Rent		
Gas + Electric		
Phone		
Internet + Cable		
Medical		
Insurance		
Total:		

Debt	Minimum	Interest %
CC:		
CC:		
Mortgage		
Student Loans		
Car Note		
Medical		
Total:		

Uncommitted Income	
Equation: Income - (Exp. + Bills + Debt)= UI	
\$	

What's left over. Allocate this below.



Action Areas	Amount
Save	
Invest	
Debt (over and above min)	
Total:	

DAY 3- WEALTHY HABITS

Why is it that some people watch their wealth dreams come true while others find themselves hoping, wishing and dreaming for a lifetime.

My Unwealthy Habits
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Wise Words!

You are the author and illustrator of your financial story. But you write it with your actions. not just words.

TASHA K.

THANK YOU!

I hope that this 3 day course opened your eyes to ways you can overcome the internal and external barriers that get in the way of your road to wealth.

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TAKE OUR QUIZ TO LEARN HOW WE CAN WORK TOGETHER!

Latasha Kinnard



Start Quiz